

ESSEX STEPS TRAINING

Essex Steps is our approach to working with behaviour.



Steps is fundamentally therapeutic and is grounded on sound evidence-based practice.



It offers consistency across all education phases and settings.



We help settings create highly effective approaches to difficult and dangerous behaviour.

We are solution-focused and create genuine understanding of behaviour.



We support settings to prioritise pro-social experiences, feelings and behaviour.



“
Fantastic learning environment. Open to questioning. Thank you for this amazing, useful training.”
Ben, Secondary School Head of Year



ESSEX STEPS TRAINING

ESSET are proud to support Essex Steps, which clearly promotes and facilitates the inclusion of SEND in settings.

The aims of implementing the Essex Steps approach

- To support settings with developing a therapeutic approach to behaviour
- To promote the inseparable link between teaching, learning and behaviour
- To improve staff confidence and safety
- To support the inclusion of those with difficult or dangerous behaviours
- To reduce exclusions
- To support consistency within services
- To support Senior Leadership Teams in the development of quality policy and planning

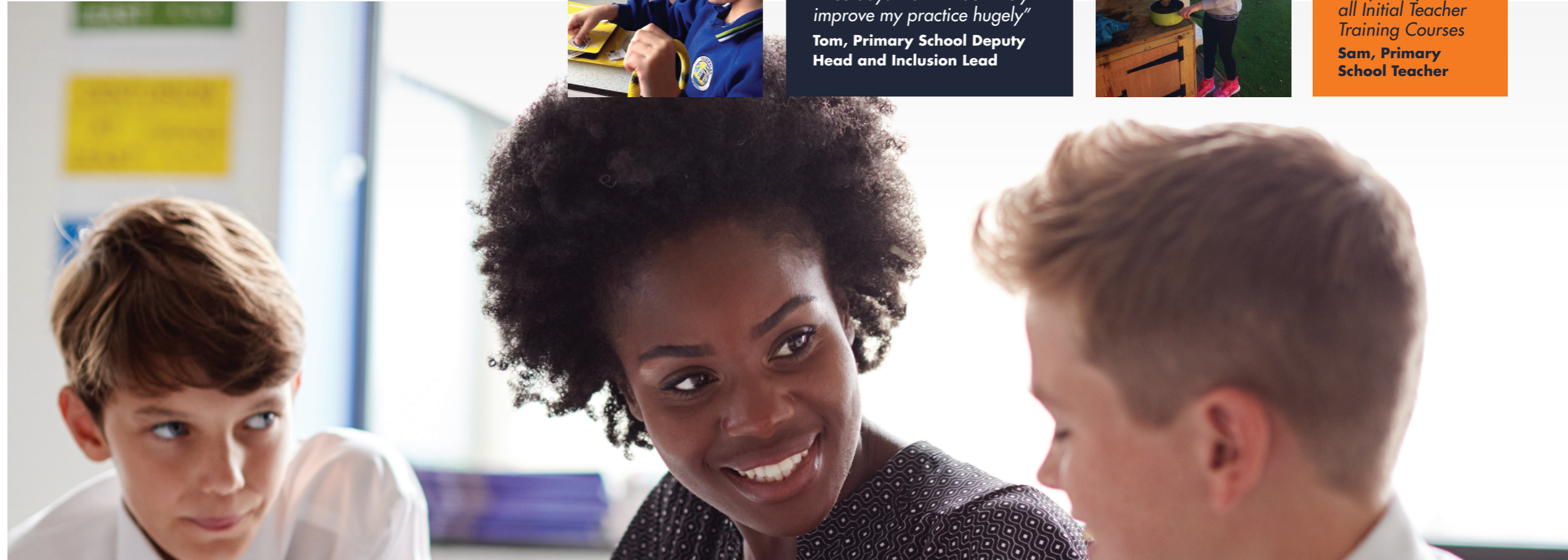
Outline

Essex Steps Tutor training will enable you to become a Steps Tutor to provide STEP ON training and consultancy to staff within your own setting. Settings are encouraged to build a small team with a minimum of two tutors. These tutors can work together to continually influence practice as well as maintain STEP ON accreditation within their settings.



Steps is a concept that is both challenging and clear. Full of common sense and undeniable effectiveness that can be applied to a whole range of situations at school. A toolkit to start using ASAP!

Jon, Special School Deputy Headteacher



An illuminating, thought-provoking and entertaining three days that will definitely improve my practice hugely"

Tom, Primary School Deputy Head and Inclusion Lead



Thank you, this should be compulsory for all Initial Teacher Training Courses

Sam, Primary School Teacher

STEP ON Training

STEP ON is our therapeutic approach to working with behaviour, with an emphasis on consistency, on teaching internal discipline. Essex Steps puts the emphasis on understanding behaviour rather than punishing it. In addition, we seek to explain rather than excuse difficult and dangerous behaviour. We learn how to de-escalate a situation before a crisis happens. Where a crisis does happen, we adopt methods to reduce the risk of harm.

The STEP ON Tutor course enables delegates to provide Essex Steps training to staff who already have:

1. a therapeutic attitude to children
2. an ability to present
3. an aptitude to efficiently acquire the skill set evident in Steps training.

Essex Steps tutors are certificated to be a resource for the setting in which they work. Tutors are not certificated to provide training or consultation on a voluntary or paid basis outside of their own setting.

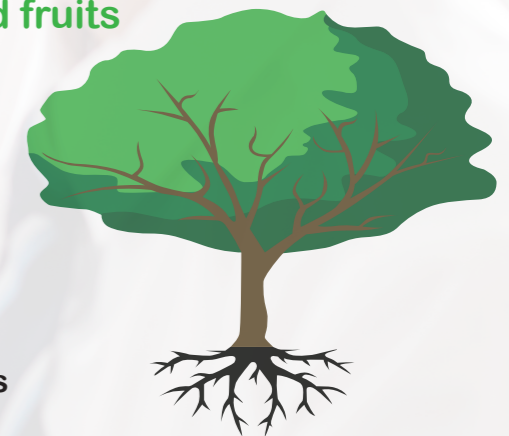
Tutors should consider safe ratios for training. Essex Steps recommend that two tutors are present for all training. Groups larger than 36 should be discussed with the local Essex Steps Lead.

Roots and fruits

Behaviours

Feelings

Experiences



For more information please contact the business support team by email essexsteps@esset.org.uk or telephone **01206 671103** or visit the website at www.esset.org.uk

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ESSEX SPECIAL SCHOOLS EDUCATION TRUST

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